SAN LUIS OBISPO COUNTY OFFICE OF EDUCATION
Human Resources Department

TEACHER: ADAPTED PHYSICAL EDUCATION

JOB SUMMARY

Under the direction of the Special Education Administrator, provides specially adapted physical education to special education students; assists in developing and providing appropriate physical education programs; consults with administrators, teachers, agency personnel and parents; performs other related duties as assigned.

QUALIFICATIONS

Required:
1. A valid California credential authorizing services as a physical education teacher with a certificate in adapted physical education.
2. A valid California driver's license.
3. A demonstrated ability to communicate effectively orally and in writing.

Desirable:
1. Experience with handicapped students.
2. Master's degree.

KNOWLEDGE AND ABILITY

1. Knowledge of current methods to assess, design curriculum, implement and teach chronologically age-appropriate activities in the areas of perceptual motor development, fundamental movement patterns, playground and recreational skills, physical and motor fitness, rhythms and dance.
2. Knowledge of anatomy, physiology, kinesiology, health, and growth and development as they apply to adapted physical education programs.
3. Ability to work with students with exceptional needs in a physical education setting.
4. Ability to manage and prioritize multiple activities.
5. Ability to communicate orally and in writing sufficient to express ideas, thoughts and instructions clearly to clients, community and staff.
6. Ability to utilize appropriate behavioral techniques to motivate and control students in a teaching environment.
7. Ability to consult with school personnel and parents effectively.
8. Ability to write IEP goals and objectives.
9. Ability to monitor and evaluate progress of students enrolled in an adapted physical education program.
10. Ability to drive a car.

ESSENTIAL FUNCTIONS of this position are, but not limited to, the following:
1. Provide consultative services to special education instructional staff.
2. Assist in the design, development and implementation of appropriate physical education programs, including selection and use of appropriate equipment.
3. Teach adapted physical education to pupils with exceptional needs.
4. Provide screening, assessment and evaluation of students for enrollment in and release from adapted physical education programs.
5. Confer and work cooperatively with classroom teachers, parents, other school and medical personnel on the assessment, identification and evaluation of student needs, program design and implementation.
6. Participate in IEP meetings.
7. Develop, coordinate and monitor pupils’ physical education programs.
8. Serve as a resource person in the areas of equipment selection and purchase, program design and modifications, staff development, and reference materials in adapted physical education.
9. Assist parents in providing physical activity in the home environment.
10. Order and maintain an inventory of materials and equipment to be used in the adapted physical education program.
11. Drive a car.

**PHYSICAL REQUIREMENTS** of this position are, but not limited to, the following:

1. Facility to sit at a desk, conference table or in meeting rooms of various configurations for extended periods of time.
2. Facility to use, demonstrate and perform exercises, activities and positions in relation to an adapted physical education program.
3. Facility to see and read rules and policies and other printed matter, with or without vision aids.
4. Facility to hear and understand speech at normal room levels, and to hear and understand speech on the telephone.
5. Manual dexterity to operate a telephone and operate equipment using both hands.
6. Facility to speak in audible tones so that others may understand clearly in normal conversations, in training sessions, in classroom and other educational settings, and other meetings.
7. Physical agility to lift 25 pounds to shoulder height, and 50 pounds to waist height; and to walk on uneven terrain, to bend, to stoop, to climb stairs, and to reach overhead.
8. Facility to drive a car.

**NOTE:** This list of essential functions and physical requirements is not exhaustive and may be supplemented as necessary in accordance with the requirements of the job.