

# CALIFORNIA HEALTHY KIDS SURVEY



San Luis Obispo County
Secondary
2015-2016
Main Report



This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For contract information, contact:

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#### **PREFACE**

#### **NEW FEATURE**

The list of content sections and table names at the beginning of the digital report have been hyperlinked to the tables. Click on the title of a content section or a table and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from this school/district's 2015–16 *California Healthy Kids Survey* (CHKS), presented in tables organized by topic.

The CHKS, along with its two companion surveys—California School Climate Survey (CSCS) for staff and the California School Parent Survey (CSPS)—is a service of the California Department of Education (CDE). These three surveys form the California School Climate, Health, and Learning Surveys (Cal-SCHLS) System, the largest, most comprehensive effort in the nation to assess students, staff, and parents at the local level on a regular basis to provide key data on school climate, learning supports and barriers, and stakeholder engagement, as well as overall youth development, health, and well-being. The surveys provide a wealth of information to guide school improvement efforts and your Local Control and Accountability Plan (LCAP), particularly in regard to the state priorities of enhancing school climate, pupil engagement, and parent involvement.

Factsheets, guidebooks, and other resources to help in understanding and using survey results are available for downloading from the survey website: chks.wested.org. The California Safe and Supportive Schools website also provides a wealth of information and tools helpful in implementing effective strategies that address the needs identified by the survey in regard to school climate improvement and promoting social-emotional learning. Particularly valuable in regard to LCAP efforts are *Making Sense of School Climate* (californias3.wested.org/resources/S3\_schoolclimateguidebook\_final.pdf) and *Helpful Resources for Local Control and Accountability Plans*, 2014-15 (chks.wested.org/resources/LCAP\_Cal\_SCHLS.pdf).

The Cal-SCHLS Technical Assistance Center offers workshops to help in identifying local needs and developing action plans to meet those needs, including a Listening to Students Workshop for involving student voice in the process (see below).

#### **SURVEY PURPOSE**

The California Department of Education (CDE) has funded the CHKS since 1997 to provide data that would assist schools in: (1) fostering positive school climates and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of youth behaviors, attitudes, and learning conditions is essential to guide school improvement efforts and to also develop effective prevention, health, and youth development programs. These surveys grew out of CDE's commitment to helping schools promote the successful cognitive, social, and emotional development of all students and create more positive, engaging school environments for students, staff, and parents.

#### SURVEY CONTENT OVERVIEW

The secondary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

The Core Module consists of a broad range of key questions, identified by an expert advisory committee, that are considered most important for schools to administer to guide improvement of academic, health, and prevention programs and the promotion of student achievement, positive development, and well-being. The primary focus of the Core Module is assessing student perceptions and experiences related to school climate and engagement, learning supports, and health-related, non-academic learning barriers (e.g., substance use, bullying and violence, and poor physical and mental health). To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is also available.

#### School-Related Core Content

The great majority of all questions on the CHKS Core are school-specific. The survey provides self-reported data on:

- Student grades, truancy, reasons for missing school, learning motivation, and school connectedness, as indicators of engagement;
- The levels of students' three fundamental developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- Perceived safety and the frequency of, type, and reasons for, harassment and bullying at school;
   and
- Levels of violence, substance use, and crime-related behavior (e.g., weapons possession) at school.

#### Supplementary School Climate Module

A supplementary School Climate Module provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention and positive peer relationships, respect for diversity, and the quality of the physical environment (download from <a href="mailto:chks.wested.org/administer/supplemental1#clim">chks.wested.org/administer/supplemental1#clim</a>). A companion Learning Conditions module can be added to the staff survey to compare their perceptions on the same constructs.

#### SURVEY ADMINISTRATION AND SAMPLING

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student's participation was voluntary, anonymous, and confidential. Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).

#### THE REPORT

The tables in the Main Report, organized by topic, provide the percentages responding to each question response option by grade level. Because it is just as important to identify the positive behaviors of youth as it is to identify the risks they face, the tables reporting risk-behavior data include the percentages of youth who responded negatively (did not engage in the behavior).

#### Racial/Ethnic Subgroup Results

Several tables are useful for helping districts identify and address student needs related to closing the state's persistent racial/ethnic achievement gap. On the CHKS, students are asked to indicate their racial/ethnic identity and to report whether they have experienced harassment because of their race/ethnicity. Summary tables provide key findings (e.g., harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories. Schools can request supplementary reports disaggregating all their CHKS results by the race/ethnicity of students.

#### UNDERSTANDING AND USING THE DATA

Among the tools available to help in understanding and using the survey results, especially for LCAP implementation and monitoring, *Making Sense of School Climate* provides a discussion of all the Cal-SCHLS survey items that relate to school climate (download <u>californias3.wested.org/resourcesS3\_school/climateguidebook\_final.pdf</u>)

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results, such as changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind. A more detailed discussion of these topics can be found in the *CHKS Guidebook to Data Use and Dissemination* (download chks.wested.org/resources/chks\_guidebook\_3\_datause.pdf).

#### Sample Characteristics

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 60%. One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

#### Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

#### **NEXT STEPS**

Receiving this report is just a beginning step in a data-driven decision-making process. The results of this student survey should be compared to those obtained from the Cal-SCHLS surveys of school staff and parents. It is important to determine how consistent are student, staff, and parent perceptions and experiences.

CHKS results will also be enriched if analyzed in the context of other data typically collected by schools that relate to the variables assessed, such as discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.

The following actions, which can be requested as custom services (additional fees apply), will help in fostering effective use of the results to support school and program improvement efforts and the LCAP process.

#### Request School Reports

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school (a fee applies). Two types of reports are available:

- A full report with all the survey results.
- A short, user-friendly, graphic **School Climate Report Card** that provides results across eight domains of school climate and provides an overall **School Climate Index** score based on those domains. (View a sample report: visit <u>californias3.wested.org/resources/California\_State\_SCRC\_1314.pdf</u>).

#### Request District School Climate Report Card

For districts that survey all their schools, a district-level School Climate Report Card that aggregates all their results across eight domains can also be requested. This is a powerful, useful tool for guiding efforts to meet the school climate and pupil engagement priorities for the Local Control and Accountability Plan.

#### Request Disaggregated Report or Analyses

The staff of the Regional TA Centers can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity as discussed above, or by youth who are low in academic motivation compared those who are high). This is particularly important given the LCAP requirement the districts identify and address the needs of underserved subgroups.

#### Engage Students, Staff, and Parents in an Action Planning Process

Engage students, staff, and parents in reviewing and exploring the meaning of the results and obtain their input into how the school might better meet the needs identified and the development of a detailed action plan. This communicates to stakeholders that you value their input into how to improve the school and gives them an opportunity for meaningful participation. This helps enhance school connectedness among students and parent involvement, two of the LCAP priorities. It will also promote higher rates of participation the next time the survey is administered, as stakeholders will see how the data has been used for positive purposes.

On request, Cal-SCHLS staff can conduct a structured group Listening to Students Workshop designed

to explore with students, as staff observe, the meaning of survey results and obtain their input on how to address the needs identified by the survey. Cal-SCHLS staff also can conduct a Data Use Action Planning Workshop designed to identify local needs based on the survey results and engage stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your Cal-SCHLS Technical Assistance Center (call 888.841.7536 or email schoolclimate@wested.org). See also: californias3.wested.org/workshops.

#### **ACKNOWLEDGMENTS**

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For more information, call the toll-free helpline at 888.841.7536, or visit the website at chks.wested.org.

Gregory Austin, Ph.D. CHKS/CSCS Director, WestEd

Tom Herman Administrator, Coordinated School Health and Safety Office California Department of Education

# **Survey Module Administration**

Table 1
CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. Alcohol and Other Drugs (AOD) Module	
C. Building Healthy Communities (BHC) Module	
D. CalMHSA Module	
E. Closing the Achievement Gap (CTAG) Module	
F. District Afterschool Module (DASM)	
G. Drug Free Communities (DFC) Module	X
H. Gang Risk Awareness Module	
I. Military Connected School Module	
J. Physical Health & Nutrition Module	
K. Resilience & Youth Development Module	
L. Safety & Violence Module	
M. School Climate Module	
N. Sexual Behavior Module	
O. Social Emotional Health Module	
P. Tobacco Module	
Q. Cal-Well Module (New This Year)	
R. Gender & Sex-Based Harassment Module (New This Year)	
Z. Custom Questions	

## **Core Module Results**

# 1. Survey Sample

**Table A1.1**Student Sample Characteristics

	Grade 7	Grade 9	Grade 11	NT <sup>A</sup>
Student Sample Size				
Final number	2,175	2,251	1,848	520

Note: <sup>A</sup>NT includes continuation, community day, and other alternative school types.

# 2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate and Student Well-Being

	Grade 7	Grade 9	Grade 11	NT	Table
	%	%	%	%	
<b>School Engagement and Supports</b>					
School connectedness (high)	67	54	47	45	A4.4
Academic motivation (high)	46	35	23	23	A4.4
Truant more than a few times <sup>†</sup>	2	6	12	26	A4.2
Caring adult relationships (high)	43	33	36	36	A4.4
High expectations (high)	64	47	44	45	A4.4
Meaningful participation (high)	19	14	15	8	A4.4
School Safety and Substance Use					
School perceived as very safe or safe	76	65	66	60	A5.1
Experienced any harassment or bullying <sup>†</sup>	33	33	32	22	A5.4
Had mean rumors or lies spread about you <sup>†</sup>	39	40	37	31	A5.2
Been afraid of being beaten up <sup>†</sup>	17	14	8	7	A5.3
Been in a physical fight <sup>†</sup>	12	9	7	15	A5.3
Seen a weapon on campus <sup>†</sup>	12	18	16	17	A5.6
Been drunk or "high" on drugs at school, ever	1	7	17	38	A6.9
Mental and Physical Health					
Current alcohol or drug use <sup>‡</sup>	6	20	38	53	A6.4
Current binge drinking <sup>‡</sup>	1	7	18	27	A6.5
Very drunk or "high" 7 or more times	1	8	24	48	A6.6
Current cigarette smoking <sup>‡</sup>	1	3	7	29	A7.3
Experienced chronic sadness/hopelessness†	19	28	33	39	A8.4
Considered suicide <sup>†</sup>	na	15	18	21	A8.5

<sup>†</sup>Past 12 months; ‡Past 30 days; na—Not asked of middle school students.

## 3. Demographics

Table A3.1

Age of Sample

	Grade 7	Grade 9 %	Grade 11 %	NT %
10 years or younger	0	0	0	0
11 years old	1	0	0	0
12 years old	61	0	0	1
13 years old	37	0	0	1
14 years old	1	61	0	3
15 years old	0	37	0	10
16 years old	0	1	59	29
17 years old	0	0	40	38
18 years old or older	0	0	1	18

Question HS/MS A.3: How old are you?

Note: Cells are empty if there are less than 25 respondents.

Table A3.2

Gender of Sample

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Male	53	50	50	56
Female	47	50	50	44

Question HS/MS A.4: What is your sex?

Note: Cells are empty if there are less than 25 respondents.

Table A3.3

Hispanic or Latino

	Grade 7	Grade 9 %	Grade 11 %	NT %
No	63	62	64	46
Yes	37	38	36	54

Question HS/MS A.6: Are you of Hispanic or Latino origin?

Table A3.4 *Race* 

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
American Indian or Alaska Native	3	2	2	4
Asian	3	3	3	2
Black or African American	2	1	2	2
Native Hawaiian or Pacific Islander	1	1	1	2
White	48	54	62	45
Mixed (two or more) races	43	38	30	47

Question HS/MS A.7: What is your race?

Note: Cells are empty if there are less than 25 respondents.

Table A3.5

Living Situation

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A home with one or more parents or guardian	90	93	95	83
Other relative's home	2	1	1	3
A home with more than one family	2	2	2	4
Friend's home	0	0	0	2
Foster home, group care, or waiting placement	0	0	0	2
Hotel or motel	0	0	0	0
Shelter, car, campground, or other transitional or temporary housing	1	0	0	1
Other living arrangement	4	3	1	5

Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Table A3.6

Highest Education of Parents

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Did not finish high school	7	10	11	23
Graduated from high school	11	16	15	25
Attended college but did not complete four-year degree	11	15	19	18
Graduated from college	47	45	47	18
Don't know	23	14	8	17

Question HS/MS A.10: What is the highest level of education your parents completed? (Mark the educational level of the parent who went the furthest in school.)

*Note: Cells are empty if there are less than 25 respondents.* 

Table A3.7
Free or Reduced Price Meals Eligibility

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
No	54	59	66	30
Yes	29	27	27	55
Don't know	17	13	7	15

Question HS/MS A.11: Do you receive free or reduced-price lunches at school? (Receiving free or reduced-price lunches means that lunch at school is provided to you for free or you pay less for it.)

Table A3.8

Participation in Migrant Education Program, Past 3 Years

			Grade 11	NT
	%	%	%	%
No	71	79	92	82
Yes	2	2	2	3
Don't know	28	18	6	15

Question HS/MS A.12: In the past three years, were you part of the Migrant Education Program or did your family move to find seasonal or temporary work in agriculture or fishing?

Note: Cells are empty if there are less than 25 respondents.

Table A3.9

Language Spoken at Home

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
English	79	79	84	75
Spanish	19	19	14	24
Mandarin	0	0	0	0
Cantonese	0	0	0	0
Taiwanese	0	0	0	0
Tagalog	0	0	0	0
Vietnamese	0	0	0	0
Korean	0	0	0	0
Other	1	1	1	1

Question HS/MS A.13: What language is spoken most of the time in your home?

Table A3.10
English Language Proficiency

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
How well do you				
understand English?				
Very well	90	92	94	91
Well	9	7	6	9
Not well	0	1	1	0
Not at all	0	0	0	0
speak English?				
Very well	87	89	91	86
Well	11	10	7	11
Not well	1	1	1	2
Not at all	0	0	0	1
read English?				
Very well	85	86	89	80
Well	13	13	9	18
Not well	1	2	1	2
Not at all	0	0	0	0
write English?				
Very well	80	82	86	76
Well	18	16	12	21
Not well	2	2	2	3
Not at all	0	0	0	1

Question HS/MS A.14-17: How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.

Table A3.11
Number of Days Attending Afterschool Program

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	73	75	72	86
1 day	6	3	5	3
2 days	5	3	4	3
3 days	4	2	3	1
3 days 4 days	5	3	2	2
5 days	7	15	14	5

Question HS/MS A.18: How many days a week do you usually go to your school's afterschool program? Note: Cells are empty if there are less than 25 respondents.

Table A3.12
Sexual Identification

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Heterosexual (straight)	76	85	86	80
Gay or Lesbian or Bisexual	4	6	8	12
Transgender	1	1	2	2
Not sure	11	7	5	6
Decline to respond	14	7	6	7

Question HS A.120/MS A.110: Which of the following best describes you? (Mark All That Apply.) Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.

Table A3.13

Military Connections

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	93	93	95	96
Yes	3	4	4	3
Don't know	3	2	1	1

Question HS A.119/MS A.109: Is your father, mother, or caretaker currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?

## 4. School Performance, Supports, and Engagements

Table A4.1 Grades, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Mostly A's	29	25	21	5
A's and B's	35	33	34	17
Mostly B's	7	8	11	10
B's and C's	17	19	20	27
Mostly C's	4	5	5	13
C's and D's	6	6	7	16
Mostly D's	1	1	1	4
Mostly F's	1	2	1	7

Question HS/MS A.19: During the past 12 months, how would you describe the grades you mostly received in school?

Note: Cells are empty if there are less than 25 respondents.

Table A4.2

Truancy, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	77	70	49	36
1-2 times	12	15	21	13
A few times	9	10	18	25
Once a month	1	2	4	6
Once a week	0	2	4	5
More than once a week	1	2	4	15

Question HS/MS A.20: During the past 12 months, about how many times did you skip school or cut classes? Note: Cells are empty if there are less than 25 respondents.

Table A4.3

Reasons for Absence

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, I didn't miss any school	40	32	24	16
Illness (feeling physically sick), including problems with breathing or your teeth	49	53	61	62
Felt very sad, hopeless, anxious, stressed, or angry	6	11	18	23
Didn't get enough sleep	6	14	25	28
Didn't feel safe at school	1	1	3	3
Had to work	1	1	3	6
Had to take care of or help a family member or friend	3	5	7	15
Wanted to spend time with friends who don't go to your school	0	2	4	7
Wanted to use alcohol or drugs	0	2	4	6
Were behind in schoolwork or weren't prepared for a test or class assignment	2	7	20	9
Were bored with or uninterested in school	1	5	13	13
Were suspended	1	1	1	5
Other reason	15	17	15	19

Question HS/MS A.21: In the past 30 days, did you miss school for any of the following reasons? (Mark All That Apply.)

Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.

Table A4.4
School Developmental Supports, Connectedness, and Academic Motivation

Percent of students scoring	(	rade	7	C	rade	9	G	rade 1	11		NT	
High, Moderate, and Low (%)	Н	M	L	Н	M	L	Н	M	L	Н	M	L
School Environment												
Total school supports	45	46	9	32	52	17	34	50	15	30	53	18
Caring adults in school	43	48	9	33	53	14	36	52	12	36	53	11
High expectations-adults in school	64	31	5	47	46	7	44	48	8	45	46	9
Meaningful participation at school	19	56	25	14	52	34	15	49	37	8	42	50
School Connectedness	67	27	6	54	36	10	47	41	12	45	43	12
Academic Motivation	46	40	14	35	44	22	23	45	32	23	48	29

Table A4.5
School Connectedness Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I feel close to people at this school.	70	70	70	70
Strongly disagree	4	4	6	12
Disagree	5	8	10	17
Neither disagree nor agree	20	20	24	36
Agree	46	43	41	27
Strongly agree	26	24	19	8
I am happy to be at this school.				
Strongly disagree	5	7	8	10
Disagree	4	7	10	11
Neither disagree nor agree	15	21	25	27
Agree	39	42	41	31
Strongly agree	37	23	16	21
I feel like I am part of this school.				
Strongly disagree	5	6	8	8
Disagree	6	9	12	9
Neither disagree nor agree	17	27	28	33
Agree	42	40	38	35
Strongly agree	30	19	13	15
The teachers at this school treat students fairly.				
Strongly disagree	5	7	6	7
Disagree	6	9	11	5
Neither disagree nor agree	18	25	26	17
Agree	41	42	44	38
Strongly agree	30	17	13	33
I feel safe in my school.				
Strongly disagree	3	5	5	5
Disagree	5	5	5	4
Neither disagree nor agree	15	21	21	24
Agree	41	47	49	43
Strongly agree	36	22	20	24

Question HS/MS A.22-26: How strongly do you agree or disagree with the following statements?... I feel close to people at this school... I am happy to be at this school... I feel like I am part of this school... The teachers at this school treat students fairly... I feel safe in my school.

Table A4.6

Academic Motivation Scale Questions

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
I try hard to make sure that I am good at my schoolwork.				
Strongly disagree	3	3	4	4
Disagree	2	3	5	4
Neither disagree nor agree	8	13	19	19
Agree	35	39	44	46
Strongly agree	53	41	28	27
I try hard at school because I am interested in my work.				
Strongly disagree	5	5	7	7
Disagree	8	10	15	10
Neither disagree nor agree	21	23	27	29
Agree	35	36	35	35
Strongly agree	31	26	16	19
I work hard to try to understand new things at school.				
Strongly disagree	3	4	4	5
Disagree	3	5	7	5
Neither disagree nor agree	14	17	23	24
Agree	40	42	43	44
Strongly agree	40	32	23	22
I am always trying to do better in my schoolwork.				
Strongly disagree	3	4	4	4
Disagree	2	3	5	5
Neither disagree nor agree	10	15	22	21
Agree	34	39	42	43
Strongly agree	53	39	27	27

Question HS/MS A.31-34: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard at school because I am interested in my work... I work hard to try to understand new things at school... I am always trying to do better in my schoolwork. Note: Cells are empty if there are less than 25 respondents.

Table A4.7
School Developmental Supports Scale Questions

At my school, there is a teacher or some other	Grade 7	Grade 9	Grade 11	NT
adult	%	%	%	%
Caring Relationships				
who really cares about me.				
Not at all true	8	11	8	10
A little true	23	31	26	30
Pretty much true	36	32	36	35
Very much true	33	26	30	25
who notices when I'm not there.				
Not at all true	10	13	13	8
A little true	23	30	26	23
Pretty much true	33	31	33	34
Very much true	34	26	28	35
who listens to me when I have something to say.				
Not at all true	7	9	9	11
A little true	19	23	19	19
Pretty much true	33	35	37	34
Very much true	41	33	35	36
High Expectations				
who tells me when I do a good job.				
Not at all true	5	7	7	8
A little true	14	23	22	22
Pretty much true	37	38	39	37
Very much true	44	32	32	33
who always wants me to do my best.				
Not at all true	3	5	5	5
A little true	9	17	17	17
Pretty much true	26	33	36	34
Very much true	62	45	42	44
who believes that I will be a success.				
Not at all true	5	8	8	9
A little true	13	20	18	18
Pretty much true	30	33	35	33
Very much true	52	40	38	39

Question HS/MS A.35-40: At my school, there is a teacher or some other adult... who really cares about me... who tells me when I do a good job... who notices when I am not there... who always wants me to do my best... who listens to me when I have something to say... who believes that I will be a success.

Table A4.7
School Developmental Supports Scale Questions - Continued

At school	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Opportunities for Meaningful Participation	///	70	70	///
I do interesting activities.				
Not at all true	10	16	19	29
A little true	27	29	27	40
Pretty much true	34	30	30	22
Very much true	30	24	24	10
I help decide things like class activities or rules.				
Not at all true	39	44	44	53
A little true	30	33	30	26
Pretty much true	19	15	17	13
Very much true	12	9	9	8
I do things that make a difference.				
Not at all true	18	28	29	37
A little true	36	39	37	36
Pretty much true	29	21	21	18
Very much true	17	13	13	9

Question HS/MS A.41-43: At school... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference.

Table A4.8

Parent Involvement in School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Teachers at this school communicate with parents about what students are expected to learn in class.				
Strongly disagree	3	7	7	8
Disagree	7	14	18	10
Neither disagree nor agree	21	33	35	37
Agree	41	35	33	32
Strongly agree	28	10	7	13
Parents feel welcome to participate at this school.				
Strongly disagree	3	5	5	7
Disagree	7	9	11	10
Neither disagree nor agree	29	41	40	41
Agree	41	35	35	29
Strongly agree	21	11	9	12
School staff takes parent concerns seriously.				
Strongly disagree	5	7	8	7
Disagree	7	11	12	5
Neither disagree nor agree	25	36	36	32
Agree	37	33	34	37
Strongly agree	26	13	10	19

Question HS/MS A.28-30: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff takes parent concerns seriously.

Table A4.9

Quality of School Physical Environment

	Grade 7	Grade 9 %	Grade 11 %	NT %
My school is usually clean and tidy.				
Strongly disagree	5	7	7	5
Disagree	11	14	16	6
Neither disagree nor agree	26	28	28	18
Agree	41	39	40	49
Strongly agree	17	12	10	22

Question HS/MS A.27: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.

## 5. School Violence, Victimization, and Safety

Table A5.1
Perceived Safety at School

	Grade 7	Grade 11	NT	
	Grade /	Grade 9	Grade 11	% %
Very safe	27	17	23	26
Safe	50	48	43	34
Neither safe nor unsafe	19	29	28	33
Unsafe	3	4	4	3
Very unsafe	1	2	3	4

Question HS A.91/MS A.81: How safe do you feel when you are at school?

Note: Cells are empty if there are less than 25 respondents.

Table A5.2 Verbal Harassment

verbui Hurussmeni	Grade 7	Grade 9	Grade 11	NT %
During the past 12 months, how many times on school		•	,,,	•
property have you				
had mean rumors or lies spread about you?				
0 times	61	60	63	69
1 time	18	17	16	12
2 to 3 times	11	12	11	8
4 or more times	9	11	10	12
had sexual jokes, comments, or gestures made to you?				
0 times	72	61	61	77
1 time	11	12	11	8
2 to 3 times	7	10	10	6
4 or more times	9	16	17	9
been made fun of because of your looks or the way				
you talk?				
0 times	68	66	68	79
1 time	14	14	12	8
2 to 3 times	8	9	8	5
4 or more times	10	11	12	7
been made fun of, insulted, or called names?				
0 times	58	61	66	78
1 time	17	14	12	5
2 to 3 times	10	9	8	7
4 or more times	15	16	14	9

Question HS A.95-97, 106/MS A.86-88, 97: During the past 12 months, how many times on school property have you... had mean rumors or lies spread about you... had sexual jokes, comments, or gestures made to you... been made fun of because of your looks or the way you talk... been made fun of, insulted, or called names? Note: Cells are empty if there are less than 25 respondents.

Table A5.3
Violence and Victimization on School Property, Past 12 Months

	Grade 7	Grade 9	Grade 11 %	NT %
During the past 12 months, how many times on school	70	70	70	70
property have you				
been pushed, shoved, slapped, hit, or kicked by				
someone who wasn't just kidding around?				
0 times	71	79	86	88
1 time	14	10	6	6
2 to 3 times	8	6	4	4
4 or more times	7	5	4	2
been afraid of being beaten up?				
0 times	83	86	92	93
1 time	10	9	4	4
2 to 3 times	4	3	2	2
4 or more times	3	2	2	1
been in a physical fight?				
0 times	88	91	93	85
1 time	7	5	4	7
2 to 3 times	3	3	1	6
4 or more times	2	1	1	3
been threatened with harm or injury?				
0 times	90	91	93	91
1 time	7	5	4	4
2 to 3 times	2	2	1	3
4 or more times	2	2	2	2
been threatened or injured with a weapon (gun,				
knife, club, etc.)?				
0 times	96	95	97	95
1 time	3	3	2	2
2 to 3 times	1	1	1	1
4 or more times	0	1	1	1
been offered, sold, or given an illegal drug?				
0 times	93	78	73	74
1 time	4	10	10	6
2 to 3 times	1	6	8	7
4 or more times	1	6	10	14

Question HS A.92-94, 99, 103, 105/MS A.83-85, 90, 94, 96: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around... been afraid of being beaten up... been in a physical fight... been offered, sold, or given an illegal drug... been threatened or injured with a weapon (gun, knife, club, etc.) ... been threatened with harm or injury? Note: Cells are empty if there are less than 25 respondents.

Table A5.4

Reasons for Harassment on School Property, Past 12 Months

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Race, ethnicity, or national origin				
0 times	89	87	88	90
1 time	6	5	4	5
2 or more times	5	7	8	5
Religion				
0 times	94	92	90	96
1 time	4	4	4	2
2 or more times	2	4	6	2
Gender (being male or female)				
0 times	93	92	91	95
1 time	4	5	3	2
2 or more times	4	4	6	3
Because you are gay or lesbian or someone thought you were				
0 times	92	92	94	93
1 time	4	4	2	3
2 or more times	4	4	4	4
A physical or mental disability				
0 times	96	96	95	95
1 time	2	2	2	3
2 or more times	2	3	3	2
Any of the above five hate-crime reasons	23	26	25	16
Any other reason				
0 times	79	81	82	87
1 time	8	7	6	5
2 or more times	13	12	12	9
Any harassment	33	33	32	22

Question HS A.107-112/MS A.98-103: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender (being male or female)... Because you are gay or lesbian or someone thought you were... A physical or mental disability... Any other reason.

Table A5.5

Property Damage on School Property, Past 12 Months

	Grade 7 %	Grade 9	Grade 11 %	NT %
Had your property stolen or deliberately damaged				
0 times	82	80	84	88
1 time	12	13	9	6
2 to 3 times	4	5	4	4
4 or more times	2	3	3	2
Damaged school property on purpose				
0 times	97	96	94	93
1 time	2	2	4	3
2 to 3 times	0	1	1	2
4 or more times	1	1	2	3

Question HS A.98, 100/MS A.89, 91: During the past 12 months, how many times on school property have you... had your property stolen or deliberately damaged, such as your car, clothing, or books... damaged school property on purpose?

*Note: Cells are empty if there are less than 25 respondents.* 

Table A5.6
Weapons Possession on School Property, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Carried a gun				
0 times	99	99	98	96
1 time	0	1	0	2
2 to 3 times	0	0	0	1
4 or more times	0	0	1	1
Carried any other weapon (such as a knife or club)				
0 times	97	94	92	88
1 time	2	3	3	4
2 to 3 times	0	1	1	2
4 or more times	1	2	3	6
Seen someone carrying a gun, knife, or other weapon				
0 times	88	82	84	83
1 time	9	9	6	6
2 to 3 times	2	4	4	6
4 or more times	2	4	6	4

Question HS A.101, 102, 104/MS A.92, 93, 95: During the past 12 months, how many times on school property have you... carried a gun... carried any other weapon (such as a knife or club)... seen someone carrying a gun, knife, or other weapon?

# 6. Alcohol and Other Drug Use

Table A6.1
Summary Measures of Level of AOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
Lifetime alcohol or drugs (excluding cold/cough medicines and prescription drugs)	11	34	57	73	A6.2
Current alcohol or drugs	6	20	38	53	A6.4
Current heavy drug users	1	7	16	37	A6.4
Current heavy alcohol user (binge drinker)	1	7	18	27	A6.4
Current alcohol or drug use on school property	2	6	6	10	A6.10

Table A6.2

Lifetime AOD Use

Ageume 110D esc	Grade 7	Grade 9	Grade 11	NT %
Alcohol (one full drink)	70	7.0	70	70
0 times	92	71	47	32
1 time	4	8	6	6
2 to 3 times	2	9	10	9
4 or more times	2	12	37	53
Marijuana				
0 times	96	82	59	33
1 time	2	4	6	3
2 to 3 times	1	3	7	7
4 or more times	1	11	29	57
Inhalants (to get "high")				
0 times	98	96	94	85
1 time	1	2	2	3
2 to 3 times	0	1	2	6
4 or more times	1	1	2	6
Cocaine, Methamphetamine, or any amphetamines				
0 times	na	98	94	79
1 time	na	1	3	3
2 to 3 times	na	0	1	5
4 or more times	na	1	2	13
Ecstasy, LSD, or other psychedelics				
0 times	na	97	91	74
1 time	na	1	4	7
2 to 3 times	na	1	2	6
4 or more times	na	1	2	12
Any other drug, or pill, or medicine to get "high" or for other than medical reasons				
0 times	98	95	91	78
1 time	1	1	2	3
2 to 3 times	0	2	3	6
4 or more times	0	2	4	13
Any of the above AOD use	11	34	57	73

Question HS A.47-50, 52, 57/MS A.48-50, 52: During your life, how many times have you used the following substances? One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (pot, weed, grass, hash, bud)... Inhalants (things you sniff, huff, or breathe to get "high" such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, Methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms)... Any other drug, or pill, or medicine to get "high" or for other than medical reasons.

*Notes: Cells are empty if there are less than 25 respondents.* 

na—Not asked of middle school students.

Table A6.2

Lifetime AOD Use – Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Prescription pain medication, tranquilizers, or				
sedatives				
0 times	na	92	84	66
1 time	na	3	4	7
2 to 3 times	na	3	5	8
4 or more times	na	3	6	20
Diet Pills				
0 times	na	95	95	90
1 time	na	2	1	3
2 to 3 times	na	1	1	2
4 or more times	na	3	3	5
Ritalin <sup>TM</sup> or Adderall <sup>TM</sup> or other prescription				
stimulant				
0 times	na	96	90	80
1 time	na	1	3	3
2 to 3 times	na	1	2	5
4 or more times	na	1	5	12
Cold/Cough Medicines or other over-the-counter				
medicines				
0 times	na	71	72	58
1 time	na	6	4	6
2 to 3 times	na	7	7	12
4 or more times	na	16	16	25

Question HS A.53-56: During your life, how many times have you used the following substances?... Prescription pain medication ( $Vicodin^{TM}$ ,  $OxyContin^{TM}$ ,  $Percodan^{TM}$ ,  $Lortab^{TM}$ ), tranquilizers, or sedatives ( $Xanax^{TM}$ ,  $Ativan^{TM}$ )... Diet Pills (Didrex, Dexedrine, Zinadrine, Skittles, M&M's)... Ritalin $^{TM}$  or  $Adderall^{TM}$  (JIF, R-ball, Skippy) or other prescription stimulant... Cold/Cough Medicines (Triple-C's, Coricidin Cough, Sudafed, TheraFlu, Tylenol Cough) or other over-the-counter medicines.

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

Table A6.3
Summary of AOD Lifetime Use

	Grade 7	Grade 9	Grade 11	NT %
Alcohol	8	29	53	68
Marijuana	4	18	41	67
Inhalants	2	4	6	15
Cocaine	na	2	6	21
Ecstasy, LSD, or other psychedelics	na	3	9	26
Prescription pain killers, Diet Pills, or other prescription stimulant	na	13	21	39

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

Table A6.4

Current AOD Use, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (at least one drink)	5	16	31	40
Binge drinking (5 or more drinks in a row)	1	7	18	27
Marijuana	2	10	23	44
Inhalants	1	1	2	4
Prescription medications to get "high" or for reasons other than prescribed	na	3	6	13
Other drug, pill, or medicine to get "high" or for other than medical reasons	1	3	4	8
Any drug use	3	12	25	46
Heavy drug user	1	7	16	37
Any AOD Use	6	20	38	53
Two or more drugs at the same time	na	3	10	21

Question HS A.64-70/MS A.59-62, 63: During the past 30 days, on how many days did you use... at least one drink of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (pot, weed, grass, hash, bud)... inhalants (things you sniff, huff, or breathe to get "high")... prescription medications to get "high" or for reasons other than prescribed (such as Vicodin<sup>TM</sup>, OxyContin<sup>TM</sup>, Percodan<sup>TM</sup>, Ritalin<sup>TM</sup>, Adderall<sup>TM</sup>, Xanax<sup>TM</sup>)... any other drug, pill, or medicine to get "high" or for other than medical reasons... two or more drugs at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)? Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

Table A6.5
Frequency of Current AOD Use, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (at least one drink)				
0 days	95	84	69	60
1 or 2 days	4	12	18	19
3 to 9 days	1	3	9	13
10 to 19 days	0	0	2	4
20 or more days	0	1	2	4
Binge drinking (5 or more drinks in a row)				
0 days	99	93	82	73
1 or 2 days	1	5	11	12
3 to 9 days	0	2	5	9
10 to 19 days	0	0	2	4
20 or more days	0	0	1	3
Marijuana				
0 days	98	90	77	56
1 or 2 days	1	5	10	9
3 to 9 days	0	2	4	7
10 to 19 days	0	1	3	5
20 or more days	0	3	7	23

Question HS A.64-66/MS A.59-61: During the past 30 days, on how many days did you use... at least one drink of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (pot, weed, grass, hash, bud)?

Table A6.6

Lifetime Drunk or "High"

	Grade 7 %	Grade 9 %	Grade 11	NT %
Very drunk or sick after drinking alcohol	//		70	///
0 times	98	87	65	51
1 to 2 times	1	8	16	20
3 to 6 times	0	3	9	13
7 or more times	0	2	10	17
"High" (loaded, stoned, or wasted) from using drugs				
0 times	97	84	63	39
1 to 2 times	2	5	9	8
3 to 6 times	1	3	7	6
7 or more times	1	8	21	47
Very drunk or "high" 7 or more times	1	8	24	48

Question HS A.58, 59/MS A.53, 54: During your life, how many times have you been... very drunk or sick after drinking alcohol... "high" (loaded, stoned, or wasted) from using drugs?

Note: Cells are empty if there are less than 25 respondents.

Table A6.7
Cessation Attempts

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol	76	, ,	, ,	,,,
Does not apply, don't use	na	87	70	55
0 times	na	9	25	33
1 time	na	2	3	7
2 to 3 times	na	1	1	3
4 or more times	na	1	1	2
Marijuana				
Does not apply, don't use	na	86	72	45
0 times	na	8	20	32
1 time	na	2	4	10
2 to 3 times	na	2	3	6
4 or more times	na	1	2	6

Question HS A.88, 89: How many times have you tried to quit or stop using... alcohol... marijuana?

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

Table A6.8

Drinking While Driving

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Driven a car when you had been drinking, or been in a car driven by a friend who had been drinking	//	70	//0	///
Never	na	88	83	72
1 time	na	5	6	5
2 times	na	3	4	8
3 to 6 times	na	2	4	7
7 or more times	na	3	3	8
Have ridden in a car driven by someone who had been drinking				
Never	69	na	na	na
1 time	13	na	na	na
2 times	6	na	na	na
3 to 6 times	6	na	na	na
7 or more times	6	na	na	na

Question HS A.90/MS A.80: During your life, how many times have you ever driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking?... In your life, how many times have you ridden in a car driven by someone who had been drinking alcohol?

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle/high school students.

Table A6.9

Lifetime Drunk or "High" on School Property

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	99	93	83	62
1 to 2 times	1	3	7	10
3 to 6 times	0	2	5	8
7 or more times	0	2	6	20

Question HS A.60/MS A.55: During your life, how many times have you been... drunk on alcohol or "high" on drugs on school property?

Table A6.10
Current AOD Use on School Property, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol				
0 days	98	97	97	95
1 to 2 days	1	2	1	3
3 or more days	0	1	1	2
Marijuana				
0 days	99	96	96	92
1 to 2 days	1	2	2	3
3 or more days	0	2	2	6
Any other drug, pill, or medicine to get "high" or for other than medical reasons?				
0 days	100	98	98	96
1 to 2 days	0	1	1	2
3 or more days	0	1	1	2
Any of the above	2	6	6	10

Question HS A.74-76/MS A.67-69: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol... smoke marijuana... use any other drug, pill, or medicine to get "high" or for other than medical reasons?

Table A6.11
Perceived Harm and Availability

	Grade 7	Grade 9	Grade 11	NT %
Perceived Harm of Use	70	70	70	70
Alcohol - drink occasionally				
Great	25	25	22	29
Moderate	25	28	29	29
Slight	27	29	33	28
None	23	18	16	14
Alcohol - 5 or more drinks once or twice a week				
Great	47	53	50	46
Moderate	22	23	29	30
Slight	10	10	13	12
None	21	13	8	11
Marijuana - smoke occasionally				
Great	43	32	23	19
Moderate	25	26	19	13
Slight	10	20	27	19
None	22	22	32	49
Marijuana - smoke once or twice a week				
Great	55	46	31	21
Moderate	16	22	23	11
Slight	7	14	21	19
None	22	19	26	48
Perceived Difficulty of Obtaining				
Alcohol				
Very difficult	15	6	4	7
Fairly difficult	14	8	5	8
Fairly easy	16	23	24	24
Very easy	12	35	49	41
Don't know	43	27	17	19
Marijuana				
Very difficult	23	7	4	6
Fairly difficult	12	6	4	3
Fairly easy	9	22	19	13
Very easy	9	35	56	61
Don't know	47	29	18	17

Question HS A.79-82, 84, 85/MS A.72-75, 77, 78: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol occasionally... Have five or more drinks of an alcoholic beverage once or twice a week... Smoke marijuana occasionally... Smoke marijuana once or twice a week... How difficult is it for students in your grade to get any of the following substances if they really want them?... Alcohol... Marijuana.

### 7. Tobacco Use

Table A7.1
Summary of Key CHKS Tobacco Indicators

	Grade 7	Grade 9	Grade 11	NT	Table
	%	%	%	%	
<b>Use Prevalence and Patterns</b>					
Ever smoked a whole cigarette	1	9	19	46	A7.2
Current cigarette smoking <sup>‡</sup>	1	3	7	29	A7.3
Current cigarette smoking at school <sup>‡</sup>	0	1	1	6	A7.4
Ever tried smokeless tobacco	1	5	10	19	A7.2
Current smokeless tobacco use <sup>‡</sup>	0	2	4	5	A7.3
Current smokeless tobacco use at school <sup>‡</sup>	0	1	2	2	A7.4
Ever used electronic cigarettes or other vaping device	6	21	39	58	A7.2
Current use of electronic cigarettes or other vaping device <sup>‡</sup>	3	8	14	28	A7.3
Current use of electronic cigarettes or other vaping device at school <sup>‡</sup>	1	2	4	5	A7.4
<b>Cessation Attempts</b>					
Tried to quit or stop using cigarettes	na	2	4	20	A7.5
Attitudes and Correlates					
Occasional smoking great harm	34	34	37	38	A7.7
Smoking 1-2 packs per day great harm	65	70	78	72	A7.7
Strongly disapprove of peer smoking 1 or more packs of cigarettes a day	81	66	63	44	A7.6
Very easy to obtain cigarettes	9	26	42	50	A7.7

<sup>&</sup>lt;sup>‡</sup>Past 30 days; na—Not asked of middle school students.

Table A7.2

Lifetime Tobacco Use

	Grade 7	Grade 9	Grade 11	NT
A cigarette, even one or two puffs	%	%	%	%
0 times	97	na	na	na
1 time	2	na na	na na	na
2 to 3 times	1	na	na	na
4 or more times	1	na	na	na
A whole cigarette				
0 times	99	91	81	54
1 time	0	4	5	5
2 to 3 times	0	2	5	5
4 or more times	0	3	9	35
Smokeless tobacco				
0 times	99	95	90	81
1 time	0	2	3	5
2 to 3 times	0	1	2	4
4 or more times	0	2	5	10
An electronic cigarette or other vaping device				
0 times	94	79	61	42
1 time	3	6	7	5
2 to 3 times	1	6	9	10
4 or more times	2	10	22	43

Question HS A.44-46/MS A.44-47: During your life, how many times have you used the following substances? A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, or snuff)... Electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens.

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of high school students.

Table A7.3

Any Current Use and Daily Use

	Grade 7 %	Grade 9 %	Grade 11	NT %
Cigarette				
Any	1	3	7	29
Daily (20 or more days)	0	0	1	10
Smokeless Tobacco				
Any	0	2	4	5
Daily (20 or more days)	0	0	1	1
Electronic cigarette				
Any	3	8	14	28
Daily (20 or more days)	0	1	2	6

Question HS A.61-63/MS A.56-58: During the past 30 days, on how many days did you use... cigarettes... smokeless tobacco (dip, chew, or snuff)... electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?

Table A7.4

Current Smoking on School Property, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Cigarette				
0 days	100	99	99	94
1 or 2 days	0	1	0	4
3 to 9 days	0	0	0	1
10 to 19 days	0	0	0	0
20 or more days	0	0	0	1
Smokeless Tobacco				
0 days	100	99	98	98
1 or 2 days	0	1	1	1
3 to 9 days	0	0	0	0
10 to 19 days	0	0	1	0
20 or more days	0	0	0	1
Electronic cigarette or other vaping device				
0 days	99	98	96	95
1 or 2 days	1	1	2	3
3 to 9 days	0	0	1	0
10 to 19 days	0	0	0	0
20 or more days	0	1	1	1

Question HS A.71-73/MS A.64-66: During the past 30 days, on how many days on school property did you... smoke cigarettes... use smokeless tobacco (dip, chew, or snuff)... use electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?

Table A7.5
Cigarette Smoking Cessation Attempts

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, don't use	na	94	89	66
0 times	na	4	7	14
1 time	na	1	2	8
2 to 3 times	na	1	1	7
4 or more times	na	0	1	5

Question HS A.87: How many times have you tried to quit or stop using cigarettes?

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

Table A7.6

Personal Disapproval of Peer Cigarette Smoking, One or More Packs A Day

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Neither approve nor disapprove	11	19	21	40
Somewhat disapprove	8	15	17	16
Strongly disapprove	81	66	63	44

Question HS A.86/MS A.79: How do you feel about someone your age smoking one or more packs of cigarettes a day?

Table A7.7

Perceived Harm of Cigarette Smoking and Difficulty of Obtaining Cigarettes

	Grade 7 %	Grade 9 %	Grade 11	NT %
Perceived Harm of Use				
Smoke cigarettes occasionally				
Great	34	34	37	38
Moderate	30	34	34	30
Slight	16	18	19	18
None	19	14	10	13
Smoke 1-2 packs of cigarettes a day				
Great	65	70	78	72
Moderate	10	11	9	10
Slight	4	5	4	6
None	21	14	9	12
Perceived Difficulty of Obtaining				
Cigarettes				
Very difficult	15	7	4	7
Fairly difficult	15	9	7	4
Fairly easy	15	26	23	21
Very easy	9	26	42	50
Don't know	46	31	24	18

Question HS A.77, 78, 83/MS A.70, 71, 76: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1-2 packs of cigarettes each day... How difficult is it for students in your grade to get any of the following substances if they really want them?... Cigarettes.

### 8. Other Physical and Mental Health Risks

Table A8.1 Cyber Bullying, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times (never)	80	77	81	77
1 time	11	11	8	6
2 to 3 times	5	6	6	8
4 or more times	5	6	5	8

Question HS A.113/MS A.104: During the past 12 months, how many times did other students spread mean rumors or lies about you on the internet (i.e.,  $Facebook^{TM}$ ,  $Instagram^{TM}$ ,  $Snapchat^{TM}$ , email, instant message)? Note: Cells are empty if there are less than 25 respondents.

Table A8.2

Alone After School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Never	37	na	na	na
1 day	18	na	na	na
2 days	11	na	na	na
3 days	8	na	na	na
4 days	5	na	na	na
5 days	21	na	na	na

Question MS A.82: In a normal week, how many days are you home after school for at least one hour without an adult there?

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of high school students.

Table A8.3

Eating of Breakfast

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	24	33	36	47
Yes	76	67	64	53

Question HS A.117/MS A.107: Did you eat breakfast today? Note: Cells are empty if there are less than 25 respondents.

Table A8.4

Chronic Sad or Hopeless Feelings, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	81	72	67	61
Yes	19	28	33	39

Question HS A.115/MS A.106: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Note: Cells are empty if there are less than 25 respondents.

Table A8.5
Seriously Considered Attempting Suicide, Past 12 Months

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
No	na	85	82	79
Yes	na	15	18	21

Question HS A.116: During the past 12 months, did you ever seriously consider attempting suicide? Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

Table A8.6

Gang Involvement

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	98	95	93	90
Yes	2	5	7	10

Question HS A.114/MS A.105: Do you consider yourself a member of a gang?

#### 9. Race/Ethnic Breakdowns

Table A9.1
School Developmental Supports and Connectedness by Race/Ethnicity - 7th Grade

Percent of students scoring	Grade 7						
High (%)	H/L	AI/AN	Asian	AA	Id/HN	White	Mixed
School Environment							
Total school supports	40	46	53	42		48	41
Caring adults in school	38	48	47	40		47	40
High expectations-adults in school	61	68	75	58		67	61
Meaningful participation at school	15	14	21	12		23	16
School Connectedness	65	62	68	64		70	65
Academic Motivation	44	32	56	49		48	43

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

Table A9.2
School Developmental Supports and Connectedness by Race/Ethnicity - 9th Grade

Percent of students scoring Grade 9							
High (%)	H/L	AI/AN	Asian	AA	Id/HN	White	Mixed
School Environment							
Total school supports	26	28	30			35	30
Caring adults in school	30	30	24			36	33
High expectations-adults in school	43	42	47			49	46
Meaningful participation at school	10	12	20			16	12
School Connectedness	52	50	48			57	52
Academic Motivation	33	30	43			35	34

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

Table A9.3
School Developmental Supports and Connectedness by Race/Ethnicity - 11th Grade

Percent of students scoring			G	rade	11		
High (%)	H/L	AI/AN	Asian	AA	Id/HN	White	Mixed
School Environment							
Total school supports	31	21	34	29		37	33
Caring adults in school	33	25	28	29		39	35
High expectations-adults in school	43	36	36	36		46	43
Meaningful participation at school	13	7	15	11		17	13
School Connectedness	43	38	49	32		52	42
Academic Motivation	25	24	21	14		24	21

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

Table A9.4
School Developmental Supports and Connectedness by Race/Ethnicity - Non-Traditional

Percent of students scoring				NT			
High (%)	H/L	AI/AN	Asian	ΥV	Id/HN	White	Mixed
School Environment				j			
Total school supports	26					38	25
Caring adults in school	32					44	29
High expectations-adults in school	44					48	43
Meaningful participation at school	7					9	8
School Connectedness	42					50	43
Academic Motivation	23					25	21

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

Table A9.5
Current Cigarette Smoking by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11	NT %
Smoked cigarettes in the past 30 days				
Hispanic or Latino	1	4	6	24
American Indian or Alaska Native	0	6	15	
Asian	2	2	4	
Black or African American	0		4	
Native Hawaiian or Pacific Islander				
White	1	3	7	33
Mixed (two or more) races	1	3	6	26

### 10. Gender Breakdowns

Table A10.1 School Developmental Supports, Connectedness, and Academic Motivation by Gender

	Grad	le 7	Grad	le 9	Grad	e 11	N'	Т
Percent of Students Scoring High	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
School Environment								
Total school supports	50	40	31	32	35	33	34	27
Caring adults in school	47	40	33	33	37	36	43	31
High expectations-adults in school	68	61	48	45	45	44	52	40
Meaningful participation at school	22	17	14	13	14	15	8	7
School Connectedness	68	67	52	57	43	52	49	42
Academic Motivation	54	39	39	30	26	20	31	16

Table A10.2
Selected Alcohol and Drug Use Measures by Gender

	Grac		Grad		Grade 11		NT	
	Female %	Male %						
Lifetime and Current AOD Use	70	70	70	70	70	70	70	70
During your life, did you ever								
drink alcohol (one full drink)?	9	8	33	26	59	47	69	67
use inhalants?	2	2	4	4	7	6	16	14
smoke marijuana?	4	3	19	17	45	38	69	66
During the past 30 days, did you								
drink alcohol (one full drink)?	6	4	19	13	36	26	41	39
use inhalants?	1	1	1	1	2	2	5	4
smoke marijuana?	2	1	10	10	24	22	43	44
Level of Involvement (High Risk Patterns)								
During your life, have you ever								
been very drunk or sick after drinking alcohol?	3	1	15	12	41	29	53	47
been "high" from using drugs?	4	3	16	16	39	35	63	61
During the past 30 days, did you drink 5 or more drinks of alcohol in a couple of hours?	2	1	8	6	20	16	26	28
AOD Use at School								
During your life, have you ever been drunk or "high" on school property?	2	1	8	7	18	17	34	41
During the past 30 days, did you use marijuana on school property?	1	0	3	4	4	4	8	9
Perceived Harm								
Frequent use ofis harmful. <sup>A</sup>								
alcohol (five or more drinks once or twice a week)	80	79	89	85	93	91	92	86
marijuana (once or twice a week)	79	78	83	79	76	72	57	47

<sup>&</sup>lt;sup>A</sup>Combines Great, Moderate, and Slight.

Table A10.3
Selected Tobacco Use Measures by Gender

	Grad	de 7	Grad	de 9	Grad	e 11	N	T
	Female %	Male %						
During your life, did you ever smoke a cigarette?	1	1	8	9	18	19	44	47
During the past 30 days, did you smoke a cigarette?	1	1	3	3	7	6	27	30
During the past 30 days, did you smoke cigarettes daily?	0	0	0	1	1	1	8	12
During the past 30 days, did you smoke cigarettes on school property?	0	0	1	0	1	1	5	7
Frequent use of cigarettes is harmful. (1-2 packs a day) <sup>A</sup>	79	80	88	85	92	91	90	87

Notes: Cells are empty if there are less than 25 respondents.

Table A10.4
School Safety-Related Indicators by Gender

	Grade 7		Grade 9		Grade 11		NT	
	Female %	Male %						
During the past 12 months at school, have you been harassed or bullied for any of the following reasons?								
Race, ethnicity, or national origin	10	11	13	12	13	11	7	13
Religion	7	5	10	7	12	9	4	4
Gender	10	5	13	4	14	4	10	1
Gay/lesbian, or someone thought you were	10	7	9	7	7	5	10	4
Physical/mental disability	4	3	4	4	5	4	8	3
Any other reason	24	19	21	17	21	15	19	8
During the past 12 months at school, have you been in a physical fight?	7	16	6	13	4	9	12	18
Feels safe at school	76	77	64	65	64	68	63	57
Currently belong to a gang	2	2	4	7	4	9	6	14

<sup>&</sup>lt;sup>A</sup>Combines Great, Moderate, and Slight.

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Table A10.5

Physical and Mental Health Measures by Gender

	Grad	de 7	Grad	de 9	Grad	e 11	N'	T
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
Eating of breakfast	73	78	63	71	61	66	49	57
Chronic sad or hopeless feelings	26	14	36	19	44	22	52	29

# **Drug Free Communities (DFC) Module**

## 1. Module Sample

Table G1.1
Student Sample for DFC Module

	Grade 7	Grade 9	Grade 11	NT <sup>A</sup>
Student Sample Size				
Target sample	1,614	1,646	1,558	190
Final number	2,073	2,168	1,771	507
Average Response Rate	128%	132%	114%	267%

Note: <sup>A</sup>NT includes continuation, community day, and other alternative school types.

### 2. Alcohol and Prescription Drug Use

Table G2.1

At Least One Drink of Alcohol, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	94	83	67	56
1 day	3	8	11	11
2 days	2	3	7	11
3-9 days	1	4	11	14
10-19 days	0	1	2	5
20-30 days	1	1	1	3

Question HS/MS G.13: During the past 30 days, on how many days did you use at least one drink of alcohol? Note: Cells are empty if there are less than 25 respondents.

Table G2.2

Prescription Drug Use, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	98	95	92	87
Yes	2	5	8	13

Question HS/MS G.8: During the past 30 days, have you used prescription drugs not prescribed to you? Note: Cells are empty if there are less than 25 respondents.

### 3. Disapproval of Alcohol and Other Drug Use

Table G3.1
Parental Disapproval of Alcohol and Other Drug Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Have one or two drinks of an alcoholic beverage nearly every day	70	70	70	70
Very wrong	89	79	71	61
Wrong	6	10	16	16
A little bit wrong	2	6	8	11
Not at all wrong	1	2	3	4
I don't know	3	3	3	8
Smoke tobacco				
Very wrong	94	88	84	62
Wrong	4	8	10	17
A little bit wrong	1	1	3	9
Not at all wrong	0	0	1	5
I don't know	2	3	2	6
Smoke marijuana				
Very wrong	92	79	68	49
Wrong	4	9	14	10
A little bit wrong	1	6	11	16
Not at all wrong	1	3	5	16
I don't know	2	3	3	10
Use prescription drugs not prescribed to you				
Very wrong	93	88	85	72
Wrong	4	6	10	13
A little bit wrong	1	2	2	5
Not at all wrong	0	1	1	2
I don't know	2	3	3	8

Question HS/MS G.1-4: How wrong do your parents feel it would be for you to... have one or two drinks of an alcoholic beverage nearly every day... smoke tobacco... smoke marijuana... use prescription drugs not prescribed to you?

Table G3.2

Peer Disapproval of Alcohol and Other Drug Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Have one or two drinks of an alcoholic beverage nearly every day				
Very wrong	71	48	32	24
Wrong	14	19	21	16
A little bit wrong	5	14	18	14
Not at all wrong	3	11	21	29
I don't know	7	9	8	16
Smoke tobacco				
Very wrong	75	57	44	30
Wrong	12	19	20	14
A little bit wrong	3	9	15	14
Not at all wrong	2	7	13	27
I don't know	7	9	7	15
Smoke marijuana				
Very wrong	74	48	27	19
Wrong	10	15	12	8
A little bit wrong	4	11	17	10
Not at all wrong	4	17	37	48
I don't know	7	8	7	15
Use prescription drugs not prescribed to you				
Very wrong	69	52	42	32
Wrong	14	20	21	14
A little bit wrong	3	8	13	15
Not at all wrong	2	5	10	17
I don't know	12	15	14	22

Question HS/MS G.5-7, 9: How wrong do your friends feel it would be for you to... have one or two drinks of an alcoholic beverage nearly every day... smoke tobacco... smoke marijuana... use prescription drugs not prescribed to you?

Table G3.3

Disapproval of Peer Use of Alcohol

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Someone your age having one or two drinks of alcoholic beverage nearly every day				
Neither approve nor disapprove	13	25	30	47
Somewhat disapprove	11	22	27	22
Strongly disapprove	76	53	44	31

Question HS/MS G.12: How do you feel about someone your age having one or two drinks of any alcoholic beverage nearly every day?

### 4. Perceived Harm from Alcohol and Other Drug Use

Table G4.1
Perceived Risks Associated with Alcohol and Other Drug Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Use prescription drugs that are not prescribed to them				
Great risk	65	61	60	49
Moderate risk	18	21	22	23
Slight risk	5	7	10	12
No risk	2	1	2	2
I don't know	10	10	7	14
Take one or two drinks of an alcoholic beverage nearly every day				
Great risk	55	50	48	39
Moderate risk	23	26	28	26
Slight risk	9	11	14	15
No risk	3	3	4	7
I don't know	11	9	6	13

Question HS/MS G.10-11: How much do you think people risk harming themselves physically or in other ways if they... use prescription drugs that are not prescribed to them... take one or two drinks of an alcoholic beverage nearly every day?