



**NO-COST
TRAINING**

CPI Professional Competency Training Brief Intervention for Substance Using Adolescents – May 22, 2019 Facilitated by: Ira Sachnoff

When:

Wednesday, May 22, 2019
8:30 AM - 3:00 PM / Registration begins at 8:00 AM

Where:

San Luis Obispo County Office of Education, Ranch El Chorro
Auditorium, 2450 Pennington Creek Rd., San Luis Obispo, CA 93405

Additional Information:

- Lunch will be provided.
- Training is provided free of charge. Payment for CEUs is optional.

Please click on the link below to register:
<https://tinyurl.com/SanLuisObispoBI>

Continued Education Hours (Optional):

Six hours of Continuing Education Credit are available for onsite trainings. Course meets the qualifications for six hours continuing education credits for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Association of Marriage and Family Therapists (CAMFT).

Optional C.E. hours are offered by CARS for \$25.00 and **must be paid in advance during the online registration process.** No payment will be accepted onsite. Cancellation charges depend on when the written cancellation notice is received. A full refund will be given only if more than 2 weeks' notice is given of a cancellation, see below for refund rates.

- 2 weeks' cancellation notice = Full refund
- Less than 14 days cancellation notice = No refund unless in exceptional circumstances, for which a medical certificate may be requested.

CARS is an approved provider for:

CCAPP #4N-08-923-0718
CA Board of Registered Nurses #16303
CAMFT #131736

You are invited to attend the [Community Prevention Initiative \(CPI\)](#) Professional Competency No-Cost Training titled ***Brief Intervention for Substance Using Adolescents.***

Training Description:

BI is a short-term counseling intervention that consists of two-four sessions aimed at adolescents who use alcohol and/or other drugs. This approach uses motivational interviewing, cognitive behavior therapy and the stages of change model to meet the needs of adolescents. This training is appropriate for school counselors and staff working in drug prevention, treatment, mental health, probation, juvenile justice or other youth-serving professionals.

Learning Objectives:

- Examining the counselor's attitudes and relationship with teens.
- Learning to teach adolescents how to take a more active and reflective role in decisions about their own behavior.
- Identifying strategies that would support an adolescent driven plan to make decisions they see as beneficial.
- Increasing knowledge about drug and alcohol use among teens.
- Utilizing Motivation Interviewing to empower rather than enforce.

Target Audience:

School Administrators, Educators, Staff, Counselors and Nurses

Questions?

Host Contact: Traci Theis, (805) 782-7283, ttheis@slococoe.org

Registration Information: Kari DeCelle, Community Prevention Initiative (CPI), kdecelle@cars-rp.org

