N-O-T (NOT ON TOBACCO) CESSATION CLASS

The NOT Program is a voluntary program for students who are looking for support to help with quitting tobacco/nicotine.

TUESDAYS | MAY 2ND, 4TH, 9TH, 11TH

3:45 PM - 4:35PM | VIRTUAL ZOOM

Approximately 90% of teens who participate in the program cutting back or quitting tobacco all together.

N-O-T Cessation Class * Voluntary Basis

- Four 50 minute sessions
- Facilitate by a trained facilitator
- Conducted through zoom
- Small groups of 6-10
- For Youth Ages 14-19 years old

Sign-Up by April 27th

Sign Up Form or Email: tupe@slocoe.org
www.TeachVapeFree.org