

Today's Tobacco Products: More Nicotine, More Addiction.

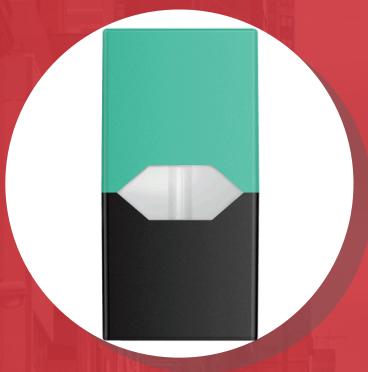
Learn more at TeachVapeFree.org

1 pack of Cigarettes
20 mg of nicotine



=20
Cigarettes

1 JUUL Pod
41.3 mg of nicotine



=41
Cigarettes

1 Zyn Can
79.2 mg of nicotine



=72
Cigarettes

1 Flum Float
400 mg of nicotine



=363
Cigarettes



Adapted from Stanford Medicine
Halpern-Felsher REACH Lab

Sponsored by the County of San Luis
Obispo Public Health Department



Stanford
MEDICINE | REACH Lab

TUPE
Tobacco-Use
Prevention Education
SAN LUIS OBISPO COUNTY OFFICE OF EDUCATION

