



COUNTY OF SAN LUIS OBISPO HEALTH AGENCY
PUBLIC HEALTH DEPARTMENT

Penny Borenstein, MD, MPH *Health Officer/Public Health Director*

Quick Reference for the Exclusion of Students and Staff

Updated January 2023

Disease	Transmission	Report	Exclusion
HIV/AIDS	Blood	Yes	No
Chickenpox	Airborne/Direct Contact	Yes, Outbreaks, hospitalizations	Yes, until vesicles dry.
Conjunctivitis	Direct Contact	No	Yes, until 24 hrs after symptoms resolve.
Coccidioidomycosis	Soil/Dust	Yes	No.
COVID-19	Contact/Droplet	Yes	Yes, 5 days with negative test 10 days without negative test. Wear mask through day 10.
Diarrhea/Vomiting	Fecal-Oral	No	Yes, until recovered.
Fifth Disease	Contact/Respiratory	No	Yes, if fever present.
Hand, Foot, and Mouth	Contact/Droplet/Fecal-Oral	No	Yes, until mouth sores healed & fever free for 24 hrs.
Head Lice	Direct Contact	No	Yes, until treated, no live lice.
Hepatitis A	Fecal-Oral	Yes	Yes, 7 days past onset of jaundice.
Hepatitis B,C,D	Blood/Body Fluids	Yes	No, unless acutely ill.
Hepatitis E	Fecal-Oral	Yes	Yes, 14 days past onset of jaundice.
Herpes (Cold Sores)	Direct Contact/Saliva	No	No.
Impetigo	Direct Contact	Outbreaks only	Yes, until sores drying/improving or covered or 24 hrs after treatment,
Influenza	Airborne/Direct Contact	Outbreaks only	Yes, until fever free for 24 hours and symptoms improved.
Measles (Rubeola)	Airborne/Contact/Droplet	Yes	Yes, 4 days past onset of rash, PEP
Meningitis- Bacterial	Direct Contact/Droplet	Yes	Yes, 24 hrs after appropriate tx started, PEP .
Meningitis-Viral	Direct Contact/Droplet	Yes	Yes, until symptoms resolved.
Mononucleosis	Contact/Saliva	No	Yes, until no longer acutely ill.
Mumps	Airborne/Contact/Droplet	Yes	Yes, 5 days after parotitis onset.
Pertussis	Airborne (Probably by Droplet)	Yes	Yes, until 5 days of appropriate antibiotic. If no tx, then 21 days after cough onset, PEP .
RSV	Direct Contact/Droplet	No	Yes, until fever free for 24hrs, and improved.
Ringworm	Direct and Indirect Contact	No	Yes, until treatment by prescription and lesions shrink. Cover lesions while at school.
Roseola	Direct Contact/Respiratory	No	Yes, until fever free for 24 hrs and improved.
Rubella	Direct Contact/Droplet	Yes	Yes, until 7 days past onset of rash.
Scabies	Direct Contact	Outbreaks only	Yes, until 24 hrs after treatment completed,
Strep Infections/Scarlet Fever	Contact/Droplet	No	Yes, until 24 hrs after start of appropriate antibiotic and no fever for 24 hrs.
STEC	Fecal-Oral	Yes	Yes, until recovered.
Syphilis, Gonorrhea, Chlamydia	Sexual Contact	Yes	No. PEP
Tuberculosis	Airborne/Droplet	Yes	Yes, until released from Public Health.

PEP- Post Exposure Prophylaxis, STEC- Shiga Toxin-producing E.coli

Reporting Instructions – Contact SLOPHD 805-781-5500, ask to speak to the nurse of the day.